

**ZOOM ONLY MEETINGS (cont'd)**

**MONDAY (See also Daily)**

**7 p.m. Brooktondale Group** O  
Zoom ID 830 0004 0692, password sober

**8 p.m. Trumansburg Cayuga Group** IP / O  
Zoom ID 283 109 5539, password Honesty1

**WEDNESDAY (See also Daily)**

**1:30 p.m. Double Winners** O  
Zoom ID 569 874 291, password 601091

**7:00 p.m. Danby Tospots** O  
Zoom ID 820 935 8263

**8:00 p.m. Wednesday Night Beginners** O  
Zoom ID 101 169 144, password Beginners8

**THURSDAY (See also Daily)**

**8 p.m. Cayuga Freethinkers** O  
Zoom ID 277 932 951, password Free

**FRIDAY (See also Daily)**

**9 a.m. Kendal Non-Compliant** C  
Zoom ID 842 691 440, password 852913

**7 p.m. Friday Night Women's Meeting** C  
Zoom ID 994 8462 7728. Contact  
518Fridaynight@gmail.com for password

**8 p.m. The Way Out in Zoom** O  
Zoom ID 971 2206 2449, password Big Book

**SATURDAY (See also Daily)**

**9:10 a.m. History Lights the Way** C  
Zoom ID 925 8421 6466, password 712313

**1:30 p.m. Double Winners** O  
Zoom ID 525 140 048, password 601091

**ZOOM ONLY MEETINGS (cont'd)**

**8 p.m. Saturday Night Live** O  
Zoom ID 161 605 895, password 498713  
2<sup>nd</sup> Sat. Medallion, 4<sup>th</sup> Sat. Speaker

**8 p.m. Trumansburg Cayuga Group** O  
Zoom ID 263 109 5539, password Honesty1

**MONTHLY SERVICE MEETINGS**

**Ithaca Intergroup Meeting**  
1<sup>st</sup> Tuesday 7:00 pm,  
Zoom ID 951 2009 8860, password BillsStory

**Public Information Committee Meeting**  
2<sup>nd</sup> Tuesday 6:45 pm,  
Zoom ID 919 4020 6492, password PalofBob  
Email: [ithacapi@aacny.org](mailto:ithacapi@aacny.org)

**Institutions Committee Meeting**  
Last Tuesday 7:00 pm  
Zoom ID 913 2281 1059, password 12Steps  
Email: [ithacainstitutions@aacny.org](mailto:ithacainstitutions@aacny.org)

**Area Assembly - Area 47, 2n Sunday**  
Zoom ID 862 8547 4266, password 419896

**District 0670/0680 Meeting** H  
1<sup>st</sup> Wed. ♿ ICR \* and on  
Zoom ID 956 5746 5446, password 977012

**OTHER INFORMATION**

**For the most up-to-date Ithaca meeting list, send an email to [meetings14850@gmail.com](mailto:meetings14850@gmail.com)**

Central NY AA meetings: [aacny.org](http://aacny.org)  
New York AA meetings: [ny-aa.org](http://ny-aa.org)  
GSO Meeting Guide app for IOS and Android  
[aa.org/pages/en\\_US/meeting-guide](http://aa.org/pages/en_US/meeting-guide)

\* Ithaca Community Recovery, 518 W. Seneca Street

# Alcoholics Anonymous

## Meeting List for Ithaca

Last updated: September 17, 2021

Ithaca Intergroup  
PO Box 43, Ithaca, NY 14851  
[ithacaintergroup@aacny.org](mailto:ithacaintergroup@aacny.org)

**For information call:**

Ithaca 607-273-1541  
Cortland 607-753-1344  
Tioga/Owego 800-307-4285

**IP** In person, no Zoom  
**H** Hybrid, in person and Zoom access  
**O** Open Meeting, All are welcome.  
**C** Closed Meeting, AAs & Problem Drinkers only.  
♿ Wheel chair accessible.  
**ICR:** Ithaca Community Recovery,  
518 W. Seneca St. Ithaca NY 14580

**Phone Numbers:**


Send changes to the meeting list to:  
[meetings14850@gmail.com](mailto:meetings14850@gmail.com)

**IN-PERSON AND HYBRID MEETINGS**SUNDAY

**7 a.m. Early Birds.** IP/C  
Stewart Park, Pavilion by playground.

**9 a.m. Daily Ithaca Group** H / C  
☎ ICR\* and Zoom ID 813 0352 9023.  
Contact dailyithacagroup@gmail.com for password.

**11 a.m. LA Group** IP / C  
Lansing Community Center, Rt. 34 (Last Sun –open mtg)

**11 a.m. Women's One Day at a Time** H / O  
☎ ICR\* and Zoom ID 821 255 775,  
password womens11

**7 p.m. Loose Caboose** IP / O  
367 Dryden-Harford Rd (Rte. 38)

**7 p.m. Sunday Night 12 & 12** H / O  
☎ ICR\* and Zoom ID 840 9217 7497, password  
2000954

MONDAY

**Noon Brown Baggers** H / C  
☎ ICR\* and Zoom ID 401 348 5321, Contact  
noonbrownbaggers@gmail.com for password

**4:30 p.m. One Day at a Time** H / O  
☎ ICR\* and Zoom ID 854 9089 1468,  
password PalofBob

**8 p.m. Monday Night Big Book** H / O  
☎ ICR\* ID: 832 8511 7507 password: BigBook

TUESDAY

**7 a.m. Early Birds** H / C  
☎ ICR\* and Zoom ID 892 9612 8710,  
Password 349356

**7 p.m. Ithaca Group** IP / C  
Presbyterian Church, 315 N. Cayuga St.  
(Enter on Court St.) (Last Tues-Open Speaker)

\* Ithaca Community Recovery, 518 W. Seneca Street

**IN-PERSON AND HYBRID MEETINGS – cont'd**WEDNESDAY

**5:30 p.m. Attitude Adjustment Hour** IP / C  
☎ ICR\*

THURSDAY

**9 a.m. Daily Ithaca Group** H / C  
☎ ICR\* and Zoom ID 813 0352 9023.  
Contact dailyithacagroup@gmail.com for password.

**4:30 p.m. One Day at a Time** H / O  
☎ ICR\* and Zoom ID 854 9089 1468,  
password PalofBob

**7:30 p.m. How it Works** H / O  
☎ ICR\* and Zoom ID 854 9089 1468  
password PalofBob

**8 p.m. Any Lengths Group** IP / O  
☎ Varna Community Center

**9 p.m. Young People's** H / O  
☎ ICR\* Zoom ID 834 6314 326  
password bigkids

FRIDAY

**5:30 p.m. Attitude Adjustment Hour** IP / C  
☎ ICR\*

**7 p.m. Dryden Twelve Steppers** IP / O  
Dryden United Methodist Church @ 4 cors.

**8 p.m. The Way Out Group** IP / O  
Methodist Church, Turnpike Rd, Mecklenberg

SATURDAY

**9 a.m. Daily Ithaca Group** H / C  
☎ ICR\* and Zoom ID 813 0352 9023.  
Contact dailyithacagroup@gmail.com for password.

**1:30 p.m. One Day at a Time** IP/C  
☎ ICR\*

\* Ithaca Community Recovery, 518 W. Seneca Street

**IN-PERSON AND HYBRID MEETINGS – cont'd**SATURDAY (cont'd)

**5:30 p.m. Attitude Adjustment Hour** IP / C  
☎ ICR\*

**ZOOM ONLY MEETINGS**

*For those who wish to join a Zoom meeting by  
phone, dial 929-205-6099 followed by #*

DAILY

**7 a.m. Early Birds (M, W-Sat)** C  
(Sun IP and T Hyrid)  
Zoom ID 892 9612 8710, password 349356

**9 a.m. Daily Ithaca Group (M-W, F-Sat.,** C  
**Hybrid Sun & Th.) 2<sup>nd</sup> Sat. Speaker**  
Zoom ID 813 0352 9023. Contact  
dailyithacagroup@gmail.com for password.

**Noon Brown Baggers (Tues-Sat.,** C  
**Hybrid Mon.)**  
Zoom ID 401 348 5321. Contact  
noonbrownbaggers@gmail.com for password

**12:15 p.m. Campus Group (M, T, W, Thurs)** O  
Zoom ID 805 448 871, password 852913

**4:30 p.m. One Day at a Time (Sun, T, W, F)** O  
(Mon and Sat. Hybrid)  
Zoom ID 854 9089 1468, password PalofBob

**5:30 p.m. Attitude Adjustment (Sun, M, Tues,**  
**Thurs)**  
Zoom ID 620 835 750, password 451149

SUNDAY (See also Daily)

**Noon Step Action**  
Zoom ID 716 9742 7943, password SA20

**5:30 Attitude Adjustment Hour** C  
Zoom ID 620 835 750, password 451149

**7 pm. Taughannock Group** O  
Zoom ID 979 5012 5514