

ZOOM ONLY MEETINGS (cont'd)

MONDAY (See also Daily)

7 p.m. Brooktondale Group O
Zoom ID830 0004 0692, password sober

8 p.m. Trumansburg Cayuga Group IP / O
Zoom ID 283 109 5539, password Honesty1

WEDNESDAY (See also Daily)

1:30 p.m. Double Winners O
Zoom ID 569 874 291, password 601091

7:00 p.m. Danby Tossports O
Zoom ID 820 935 8263

8:00 p.m. Wednesday Night Beginners O
Zoom ID 101 169 144, password Beginners8

THURSDAY (See also Daily)

8 p.m. Cayuga Freethinkers O
Zoom ID 277 932 951, password Free

FRIDAY (See also Daily)

9 a.m. Kendal Non-Compliant C
Zoom ID 842 691 440, password 852913

7 p.m. Friday Night Women's Meeting C
Zoom ID 994 8462 7728. Contact
518Fridaynight@gmail.com for password

8 p.m. The Way Out in Zoom O
Zoom ID 971 2206 2449, password Big Book

SATURDAY (See also Daily)

9:10 a.m. History Lights the Way C
Zoom ID 925 8421 6466, password 712313

1:30 p.m. Double Winners O
Zoom ID 525 140 048, password 601091

ZOOM ONLY MEETINGS (cont'd)

8 p.m. Saturday Night Live O
Zoom ID 161 605 895, password 498713
2nd Sat. Medallion, 4th Sat. Speaker

8 p.m. Trumansburg Cayuga Group O
Zoom ID 263 109 5539, password Honesty1

MONTHLY SERVICE MEETINGS

Ithaca Intergroup Meeting 0
1st Tuesday 7:00 pm,
Zoom ID 951 2009 8860, password BillsStory

Public Information Committee Meeting 0
2nd Tuesday 6:45 pm,
Zoom ID 919 4020 6492, password PalofBob
Email: ithacapi@aacny.org

Institutions Committee Meeting 0
Last Tuesday 7:00 pm
Zoom ID 913 2281 1059, password 12Steps
Email: ithacainstitutions@aacny.org

Area Assembly - Area 47, 2n Sunday 0
Zoom ID 862 8547 4266, password 419896

District 0670/0680 Meeting H / 0
1st Wed. ♿ ICR * and on
Zoom ID 956 5746 5446, password 977012

ONLINE MEETING INFORMATION

Central NY AA meetings: aacny.org
New York AA meetings: ny-aa.org
GSO Meeting Guide app for IOS and Android
aa.org/pages/en_US/meeting-guide

Alcoholics Anonymous

Meeting List for Ithaca

Last updated: September 5, 2021

Ithaca Intergroup
PO Box 43, Ithaca, NY 14851
ithacaintergroup@aacny.org

For information call:

Ithaca 607-273-1541
Cortland 607-753-1344
Tioga/Owego 800-307-4285

IP In person, no Zoom
H Hybrid, in person and Zoom access
O Open Meeting, All are welcome.
C Closed Meeting, AAs & Problem Drinkers only.
♿ Wheel chair accessible.
ICR: Ithaca Community Recovery,
518 W. Seneca St. Ithaca NY 14580

Phone Numbers:

*Send changes to the meeting list to:
Meetings14850@gmail.com*

* Ithaca Community Recovery, 518 W. Seneca Street

IN-PERSON AND HYBRID MEETINGSSUNDAY

7 a.m. Early Birds. IP/C
Stewart Park, Pavilion by playground.

9 a.m. Daily Ithaca Group H / C
☎ ICR* and Zoom ID 813 0352 9023.
Contact dailyithacagroup@gmail.com for password.

11 a.m. LA Group IP / C
Lansing Community Center, Rt. 34 (Last Sun –open mtg)

11 a.m. Women's One Day at a Time H / O
☎ ICR* and Zoom ID 821 255 775,
password womens11

7 p.m. Loose Caboose IP / O
367 Dryden-Harford Rd (Rte. 38)

7 p.m. Sunday Night 12 & 12 H / O
☎ ICR* and Zoom ID 840 9217 7497, password
2000954

MONDAY

Noon Brown Baggers H / C
☎ ICR* and Zoom ID 401 348 5321, Contact
noonbrownbaggers@gmail.com for password

4:30 p.m. One Day at a Time H / O
☎ ICR* and Zoom ID 854 9089 1468,
password PalofBob

8 p.m. Monday Night Big Book H / O
☎ ICR* ID: 832 8511 7507 password: BigBook

TUESDAY

7 a.m. Early Birds H / C
☎ ICR* and Zoom ID 892 9612 8710,
Password 349356

7 p.m. Ithaca Group IP / C
Presbyterian Church, 315 N. Cayuga St.
(Enter on Court St.) (Last Tues-Open Speaker)

* Ithaca Community Recovery, 518 W. Seneca Street

IN-PERSON AND HYBRID MEETINGS – cont'dWEDNESDAY

5:30 p.m. Attitude Adjustment Hour IP / C
☎ ICR*

THURSDAY

9 a.m. Daily Ithaca Group H / C
☎ ICR* and Zoom ID 813 0352 9023.
Contact dailyithacagroup@gmail.com for password.

4:30 p.m. One Day at a Time H / O
☎ ICR* and Zoom ID 854 9089 1468,
password PalofBob

7:30 p.m. How it Works H / O
☎ ICR* and Zoom ID 854 9089 1468
password PalofBob

8 p.m. Any Lengths Group IP / O
☎ Varna Community Center

9 p.m. Young People's H / O
☎ ICR* Zoom ID 834 6314 326
password bigkids

FRIDAY

5:30 p.m. Attitude Adjustment Hour IP / C
☎ ICR*

7 p.m. Dryden Twelve Steppers IP / O
Dryden United Methodist Church @ 4 cors.

8 p.m. The Way Out Group IP / O
Methodist Church, Turnpike Rd, Mecklenberg

SATURDAY

9 a.m. Daily Ithaca Group H / C
☎ ICR* and Zoom ID 813 0352 9023.
Contact dailyithacagroup@gmail.com for password.

1:30 p.m. One Day at a Time IP/C
☎ ICR*

* Ithaca Community Recovery, 518 W. Seneca Street

IN-PERSON AND HYBRID MEETINGS – cont'dSATURDAY (cont'd)

5:30 p.m. Attitude Adjustment Hour IP / C
☎ ICR*

ZOOM ONLY MEETINGS

*For those who wish to join a Zoom meeting by
phone, dial 929-205-6099 followed by #*

DAILY

7 a.m. Early Birds (M, W-Sat) C
(Sun IP and T Hyrid)
Zoom ID 892 9612 8710, password 349356

9 a.m. Daily Ithaca Group (M-W, F-Sat., C
Hybrid Sun & Th.) 2nd Sat. Speaker
Zoom ID 813 0352 9023. Contact
dailyithacagroup@gmail.com for password.

Noon Brown Baggers (Tues-Sat., C
Hybrid Mon.)
Zoom ID 401 348 5321. Contact
noonbrownbaggers@gmail.com for password

12:15 p.m. Campus Group (M, T, W, Thurs) O
Zoom ID 805 448 871, password 852913

4:30 p.m. One Day at a Time (Sun, T, W, F) O
(Mon and Sat. Hybrid)
Zoom ID 854 9089 1468, password PalofBob

5:30 p.m. Attitude Adjustment (Sun, M, Tues,
Thurs)
Zoom ID 620 835 750, password 451149

SUNDAY (See also Daily)

Noon Step Action
Zoom ID 716 9742 7943, password SA20

5:30 Attitude Adjustment Hour C
Zoom ID 620 835 750, password 451149

7 pm. Taughannock Group O
Zoom ID 979 5012 5514